 Hope Resource

**Community Care & Rehabilitation Services**

**H R**

**10, Old Ilaro Road (LADTIM HOUSE)**

**Ope-Oluwa, Ita-oshin, Abeokuta,**

**+234 803 335 3130**

[**hope.resource@yahoo.com**](mailto:hope.resource@yahoo.com)

**Ogun State, Nigeria.**

**Who we are:**

**The** Hope Resource **Centre for Community Care & Rehabilitation Services** is an agency of **‘Hope Restoration & Health Initiative Inc.’***(CAC/IT/NO 51093)*, **an NGO for Mental Health Advocacy, Community Care & Rehabilitation;** *with the mission of* ***h*elping people with mental health needs regain control of their lives!**

**What we do:**

**At Hope Resource we provide community mental health and rehabilitation services as a *social enterprise*, and operate a spacious purpose-built residential facility in a serene environment, at *Klm. 10, Abeokuta-Lagos Expressway, Ayeloja, Abeokuta*, for recovery-focussed rehabilitation and social reintegration of people with long standing and severe mental illnesses and/or substance addiction problems.**

**Our services are tailored to individual needs and goals, as well as family/carers’ concerns; with access to a range of therapeutic interventions and activities, to promote wellness, and enhance the development of life skills for sustainable livelihood.**

**We also run the \*Homeless (mentally-ill) Persons Care & Rehabilitation (HoPeCaRe) Project. A multi-centre intervention for the rescue, acute care, rehabilitation and re-integration of homeless mentally ill in the society.**

*\* The ‘HoPeCaRe’ project is funded by Hope Restoration & Health Initiative Inc.*

We Provide:

1. Community based assessments, interventions and follow-up care for people with mental health needs.
2. Access to evidence-based holistic medical care necessary for the recovery of individuals with major mental disorders.
3. Respite, transitional and extended therapeutic residential facilities for individuals with mental health needs.
4. Supportive and enabling healing environment for the development of personal dignity, independence and hope among persons recovering from major mental disorders.
5. Appropriate educational, skill and vocational development, as well as occupational engagements for personal growth and productivity of people recovering from major mental disorders.
6. Advocacy for rights, care and support of people with enduring and disabling mental health challenges in the society.
7. Nurturing awareness of purposeful existence in individuals recovering from major mental disorders.
8. Liaison with individuals, families, groups and agencies for the social re-integration of people recovering from major mental disorders.

**For Further Enquiries Contact:**

Dr Timothy Olaolu Adebowale

Project Director

**Tel: +234 803 335 3130**

[**hope.resource@yahoo.com**](mailto:hope.resource@yahoo.com)

**Hope Resource (Day) Services**

***@***

***10, Old Ilaro Road*** (LADTIM House) ***Ope-Oluwa, Ita-oshin, Abeokuta***

1. **Mental health promotion & productivity enhancements:** Health Talks & Counselling; Stress management.
2. **Community Assessment & Follow up Care.**
3. **Individual/Group Therapies:** Anxiety management, Social skills training, Coping with symptoms, Marital/Family therapy.
4. **Peer-Support Groups:** Bipolar disorder, Schizophrenia, Drug & Alcohol abuse, Carers & Relatives.
5. **Recreation & Creativity Clubhouse:** Gymnasium, Arts & Crafts, Games, Psycho-drama & Music
6. **Client Support Services:** Advocacy, Social & financial support, Vocational/occupational guidance and placements.
7. **Medication Management:** Compliance & adherence counselling.

**Hope Resource (Residential) Services**

***@***

***Klm. 10, Abeokuta-Lagos Expressway, Ayeloja, Abeokuta.***

1. **Transitional Accomodation:** Low support residential service, for clients who need additional guidance before moving back to the community from hospital wards **(halfway house)**.
2. **Residential Rehabilitation:** A comprehensive structured residential rehabilitation package with the goal of helping the residents achieve their highest level of independence.
3. **Extended Residential Rehabilitation:** Provides a safe haven for those who need the continued support of a structured residential programme.
4. **Co‑Morbid Residential Rehabilitation:** Designed specifically to meet the unique rehabilitation needs of people who have a mental illness and are also struggling with alcohol and/or substance use.
5. **Community Aftercare & Support:** Supports individuals who have participated in our residential programme and are now residing independently within the community.

**For Further Enquiries Contact:**

Dr Timothy Olaolu Adebowale (Project Director)

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**THE HoPeCaRe PROJECT**

**Homeless (mentally-ill) Persons Care & Rehabilitation Project.**

**Appeal for Support &Partnership!**

HoPeCaRe is an NGO project of Hope Restoration & Health Initiative Inc., aimed at providing recovery-focused residential and vocational rehabilitation, as well as community re-integration and follow-up interventions for homeless mentally ill persons.

**** We plan to pick up patients from the streets of Abeokuta and its environ for care at our newly completed purpose- built facility - "HOPE RESOURCE REHABILITATION CENTRE" located at Klm 10, Abeokuta-Lagos Expressway, Aiyeloja, just before the mechanic village, following a short period of Psychiatric Hospital admission for acute care (*if indicated*).

We solicit your partnership and support for this social enterprise, in the areas of materials/equipment donations, manpower volunteering, and financial sponsorship of patient care.

Let's Join Hands to Restore Hope!

***For further enquiries, please contact:***

Dr. Timothy Olaolu Adebowale

Project Director

Tel: +234 803 335 3130

E-mail: [hope.resource@yahoo.com](mailto:hope.resource@yahoo.com)

***The Project fund account details are as follows:***

**Bank name**: Access Bank PLC

**Branch**: Oke-Ilewo, Abeokuta

**Account Number**: **0715189517**

**Account Name**: Hope Restoration & Health Initiative.

All donations will be thankfully received.

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